



Step Forward If

## **Description**

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Students share about themselves and learn more about others.

# **Supplies**

Tape

## **How to Play**

- 1. **Prep Work:** Tape a long piece of tape on the floor to represent the finish line.
- 2. Have students stand in a line, shoulder-to-shoulder, equal distance from the tape/finish line.
- 3. The leader reads out a statement and if that statement applies to a student they will take 1 step forward. Ex. Step forward if you have traveled on an airplane.
- 4. The leader continues to read statements one at a time and students continue taking 1 step forward until someone crosses the finish line.
- 5. The first student to cross the finish line wins and another round can begin.
- 6. 'Step Forward If' Statement Ideas:
- You share your emotions
- You have been bullied before
- Math is your favorite subject
- You are an only child
- You like listening to music
- You were born in another state
- You like roller coasters



# **Activity Prompts for Reflection**

- Were you surprised when anyone stepped forward for a statement? Which one?
- What is something you realized someone else has in common with you?
- What is something new you learned about someone else in the group?
- What is another statement you would like me to add if we were to play this game again?

## Other Ways to Play

- Prior to playing the game, have students write facts about themselves on index cards and use those facts to make the statements. Facts should include interests, hobbies, likes/dislikes, favorites, etc.
- In between reading statements and having students step forward, have students share something about that statement (ex. What's your favorite type of music)
- If there is not enough space to have students play standing shoulder-to-shoulder and stepping forward to the finish line, have students stand up if a statement applies to them. Ex. Stand up if you have traveled on an airplane.

### **Additional Notes**

Use the SEL Activity Prompts to tie other SEL competencies to this activity.

### Category

1. Activities

### **Sel-competency**

Social Awareness

#### Allotted-time

1. 15 minutes

#### **Themes**

1. Get to Know You